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**ABOUT US**

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**HEALTHAWARD**



Sarah Minns, a urology advanced nurse practitioner, is one of five nurses from across the country to be shortlisted in the Community Nursing Award at the Royal College of Nursing Nurse Awards for her work promoting awareness of prostate cancer in the Burton area.

# Cancer nurse's hard work to be recognised

**By Rhea Turner**  
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A nurse who made a name for herself by promoting the importance of prostate cancer awareness is up for a prestigious national award for her work in the community. Sarah Minns, a urology advanced nurse practitioner, at Burton's Queen's Hospital, is one of five nurses from across the country to be shortlisted in the coveted Community Nursing Award at the Royal College of Nursing Nurse Awards 2017. Burton Hospitals Trust has worked closely with Burton Albion Community Trust to

hold screening sessions for men aged over 50 during the past year as well as setting up a support group for patients who have been diagnosed with the condition. Sarah said: "I was in complete shock when I found out. It is a fantastic honour to be shortlisted, not just for myself but for the trust as a whole. "It will take a while just to take it all in. I am extremely proud of the work we as a team have done around raising awareness of prostate cancer and it is nice that we have had this recognition." Sarah will now travel to London to give a presentation of the trust's work to a panel of judges before finding out whether she has won the pres-

tigious honour at an awards ceremony at the Westminster Park Plaza on Friday, May 5. Consultant urologist Jyoti Shah nominated Sarah. She said: "Sarah works tirelessly to provide the very best possible care for our urology patients and it is fantastic that her hard work has been rewarded. "We are all incredibly proud of her." Miss Shah also told the Burton Mail that the sessions put on by the trust and Burton Albion Community Trust, seemed to be a success. She said: "We have found that men are not very forthcoming with their health and don't go to the doctor so we brought the health service to them.

"It is phenomenal how many people we reached earlier in the year and the response we have had. "Men are also starting to get that dialogue going and people are now talking about their prostates as men do not normally talk about their health." Chief nurse Paula Gardner added: "The work Sarah and the team have done in raising awareness of prostate cancer has been exceptional. "I am delighted for her and would like to wish her good luck for the awards night. "Sarah puts the care of her patients first and demonstrates the trust's PRIDE values of passion, respect, innovation, determination and excellence on a daily basis."

## 'ALL CLEAR' THANKS TO PROSTATE SCREENING

A retired publican from Stretton told the Burton Mail that prostate cancer screening at Burton Albion Football Club may have saved his life. A Burton Mail article prompted Tony Webster, 70, to attend a screening session which was taking place as part of a collaboration between Burton's Queen's Hospital and the football club. The examination, which led to further tests, eventu-

ally revealed he had prostate cancer. It inevitably came as a huge shock to Mr Webster and his wife of 52 years Pauline, but now he is able to tell his story having been given the all clear. Mr Webster, who many will know from behind the bars at the Navigation Inn and Burton Albion's old Eton Park ground, said: "My brother-in-law had been diagnosed with prostate cancer three years earlier, so when I

read the article I thought it was a good idea to be examined. "I was told my prostate felt abnormal and after that I had a biopsy. "Then Jyoti Shah from Queen's Hospital told me I had cancer." Just two months after the screening, Mr Webster's prostate was removed. He said: "It was all very quick from the diagnosis to the operation, but that is important when you have

cancer. I can't fault anything about my treatment from start to finish. Everyone from Burton Albion, the Burton and Birmingham hospitals, my family and friends, were all brilliant, I can't thank everybody enough. It is really great too that the Burton Mail are highlighting this disease, thank you." Since his operation Mr Webster has officially been declared cancer free by his doctors.