

# TAKE A BREAK



**Adam Mason, 36, is the new Professional Golfers' Association teaching professional at Branston Golf Academy who has dedicated his time to encouraging youngsters to take up the sport**

**Favourite film or TV series?**

Coming To America and The Matrix are my favourite films.

**Favourite takeaway?**

It would have to be fish and chips.

**Tell us one thing no-one knows about you?**

My wife knows everything about me.

**What's your ultimate ambition in life?**

To help people and have a lot of fun doing it.

**Pet hates?**

My pet hate is impatience.

**What's your favourite song?**

So Far Out To Sea by Chicane.

**Marmite? Love it or hate it?**

Absolutely hate it.

**What's your worst habit?**

I snore and pretty loudly too at times. I have even woken myself up on occasions.

**What was your first car?**

A Peugeot 406 called Dorothy.

**If you could make a law, what would it be?**

Everyone should try golf with me and have one lesson.

**Who would you invite to a dinner party - dead or alive?**

Muhammad Ali, Seve Ballesteros, Pete Sampras and my mum. She died four years ago.

## HOSPITAL PRIDE AWARDS

# 'Just rewards for dedicated staff'

**By Jenny Moody**  
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Hardworking hospital staff who dedicate their lives to looking after others and nursing them back to health have been rewarded for going above and beyond the call of duty.

The annual PRIDE Awards celebrate staff who have gone the extra mile for the Burton Hospitals NHS Foundation Trust in the last year, with the showcase event once again held at Burton Albion Football Club's Pirelli Stadium.

The awards are held every year to celebrate and recognise the hard work and dedication of staff from the three hospitals in the trust - at Queen's Hospital in Burton, Samuel Johnson Community Hospital in Lichfield and Sir Robert Peel Community Hospital in Tamworth.

Helen Scott-South, the trust's chief executive, said: "Once again, it was a tremendous honour to witness the hard work, dedication and passion our staff show on a daily basis being recognised in this way.

"The PRIDE Awards are the just rewards for those staff who demonstrate the trust's values and provide our patients with a first-class service.

"It is incredibly humbling to hear their stories of commitment to their roles and their departments and to making sure they provide the very best possible care to the people of Burton, Lichfield, Tamworth and the surrounding areas."

She added that the response from staff was phenomenal as more than 150 nominations were made for staff and teams across the trust for the 12 prize categories.

The winners of the awards "all demonstrated the trust's values of passion, respect, innovation, determination and excellence".



The organ donation group in the Passion for Excellence - Clinical Care award.



Left, Craig Hooton with the Rising Star award. Right, Doreen Crowder with the Award for Voluntary Contribution.



### THE WINNERS WERE...

**GEM of GEMs Award:** Vickie Bryan - senior supervisor for the Hospitals Sterile Services Unit (HSSU)

**Chairman's Award:** Living Our Values - the hospital's physio team

**Chief Executive's Award:** "Be The Best" Award for Outstanding

Achievement - Jyoti Shah, consultant urological surgeon

**Passion for Excellence Award:** Clinical Care - organ donation group

**Passion for Excellence Award:** Patient Experience - Michelle

Revell, Ward 20 housekeeper

**Compassion and Respect Award:** Julie Zambon, senior radiographer

**Innovation and Improvement Award:** Jade Clake and Lauren Riley, pharmacy technicians

**Rising Star Award:** Craig Hooton, maintenance and electrical supervisor

**Back Office Brilliance Award:** Gavin Gill, porter

**Support Superstars Award:** vSuki Kaur, Ward 20 domestic, and

Donna Scutt, medical secretary

**GRIT Award for Determination:** Rebecca Smith, senior sister in the emergency department

**Award for Volunteer Contribution:** Doreen Crowder, maternity unit

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Clockwise from top left, Julie Zambon with the Compassion and Respect award, the physios with the Chairman's Award; Michelle Revell with the Patient Experience award; Zuki Kaur and Donna Scutt with the Support Superstars award; Vicki Bryan with the Gem of Gems award; and Lauren Riley and Jade Clake with the Innovation and Improvement award.

## Surgeon Jyoti is trust's 'best ambassador'

A surgeon who found new ways of getting men to get their prostate screened by going out into the community has been honoured for her dedication.

Jyoti Shah, a consultant urological surgeon at Burton Hospitals NHS Foundation Trust, has worked tirelessly to find ways to get men to take part in prostate cancer screening and introduced a programme at Burton Albion Football Club that proved a huge success.

She has now been awarded the Chief Executive's Pride Award after bosses said she had "contributed hugely to the positive reputation" at the trust, including at national level through her community prostate cancer screening programme.

It was highlighted on BBC1's One Show and won the Brewers the Midlands Community Football Club of the Year award.

Miss Shah was also recognised for her work as editor in chief of Medical Woman and commissioning editor of Annals and Bulletin RCS England.

She also won the Asian Women of Achievement Chairman's Award in 2015.

Miss Shah said: "We were

discussing prostate screening in the department and thought we ought to go out in to the community to reach men.

"It was about breaking down barriers and going out to them.

"We had been to Pirelli Stadium almost two years ago to give a talk at a health event and we met to discuss what would work with them in the future.

"We got planning on taking the clinic out in to the community and agreed to have it at the club. I think that we were all totally surprised by the uptake when we first did it.

"Out of 113 men that were tested, eight were diagnosed with cancer, but we had to turn 137 away as we only set out to do 50 a day.

"As news spread we started to see a ripple effect and men were talking about their health.

"It has been a fabulous campaign that has had the desired effect of raising awareness of prostate cancer.

"It is because of the work in the community that it has saved all those lives and it has had a domino effect.

"A lot of the work I have



Jyoti Shah receives the Chief Executive's Award for Outstanding Achievement.

been doing with the writing and the programme is unpaid, as it is something that I believe in and it is the right thing to do. I have even taken a pay cut so I can concentrate on it and have been working evenings and weekends to get it done."

Part of her work includes going in to schools to talk

about health and her profession to encourage pupils to get a career in caring if that is what they want to do.

Miss Shah said: "I want the pupils to see that if I can do it, they can do it. I come from a working class background and we didn't have any money and everywhere I went people said I would

never be good enough to get in to medicine.

"I want to give something back and I don't want to discover people are still being told they cannot do it. I was eight years old when I decided that I wanted to be a doctor and coming from a traditional Indian family it wasn't a career that was befitting.

"You have got to follow your heart but sometimes it can be a very lonely place to be."

Helen Scott-South, the hospital's chief executive, said: "She inspires the next generation of doctors by going into schools to talk about studying and working in medicine.

"She has set up a prostate cancer support group. She has been repeatedly named as the best speaker at teaching sessions for local GPs. I consider her the best ambassador the trust can have.

"For the prostate screening programme that has taken place in conjunction with Burton Albion, we have reached a demographic that is usually very difficult to engage with healthcare.

"An inspirational individual who is truly and will continue to #bethebest."

## COURT IN BRIEF



Cases heard recently before Southern Derbyshire magistrates

Kirsty Richards, 25, of Shannon Approach, Burton. She admitted assaulting five men in Burton on February 5. Two counts were racially aggravated. She also admitted damaging a van belonging to Staffordshire Police in Burton on March 18. And she admitted assaulting a man which was racially aggravated in Burton on March 18. She was given a four-week prison sentence, suspended for 12 months, due to her drunken behaviour, combination of offences, and racially aggravated offences. She was also given a 16-week curfew, a 12-month restraining order, and ordered to pay £85 court costs, and £450 compensation.

Helene Brown, 44, of Mellowdew Road, Coventry. She admitted driving at 36mph in Burton Road, Midway, where the speed limit is 30mph, on November 11. She was fined £57 with £85 court costs and a £30 victim surcharge. Her driving licence was endorsed with three points.

Catherine Darragh, 25, of Meschines Street, Coventry. She admitted she exceeded the 30mph speed limit by driving at 36mph in Burton Road, Woodville, on December 2. She was fined £109, and ordered to pay £85 court costs and a £30 victim surcharge. Her driving licence was endorsed with three points.

Stephen Harrison, 27, of King Street, Enderby, Leicestershire. It was proved that he drove on the A444 Overseal, using a mobile phone, on October 26. He was fined £220 and ordered to pay £85 court costs and a £30 victim surcharge. His driving licence was endorsed with three points.

Daniel Woolley, 32, of Horninglow Road North, Burton. He pleaded guilty to possession of three grams of diamorphine in Burton on November 7. He was fined £80 and ordered to pay £85 court costs and a £30 victim surcharge.