

## MENS' HEALTH

# Surgeon meets Rishi Sunak and cricketers at Edgbaston

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**By Sophie Skyring**  
Reporter

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## **A consultant surgeon gave prostate health advice to sporting and political figures.**

Macmillan Consultant Urological Surgeon Jyoti Shah MBE, from the North West Anglia NHS Foundation Trust, attended the recent England vs West Indies One-Day International cricket match at Edgbaston.

She was there for Blue for Bob Day of the Bob Willis Fund, named after cricket legend Bob Willis who died of prostate cancer in 2019.

The fund aims to raise money for research into prostate cancer and introduce a national screening programme.



**Bob Willis group** (*Image: North West Anglia NHS Foundation Trust*)

During the event, Miss Shah discussed the importance of testing and handed out literature and copies of her book, *Fighting Prostate Cancer*.

She even gave a copy to former Prime Minister and Prostate Cancer Research ambassador Rishi Sunak, who recently had a prostate health check.

Miss Shah and Sir John Major, spoke about the disease and her work in local hospitals.

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She also agreed to perform Prostate-Specific Antigen (PSA) blood tests on former England cricketers and broadcasters Mark Butcher and Jonathan Agnew.



Miss Shah with Sir John Major (*Image: North West Anglia NHS Foundation Trust*)

The event helped raise awareness of the disease, which affects one in eight men in the UK, with the figure rising to one in four for black men.

Since launching her campaign in 2016, Miss Shah, a consultant at Peterborough City Hospital, has screened more than 3,500 men, diagnosing over 100 cases of cancer.

Miss Shah said: "A lot of men like to bury their head in the sand when it comes to their health.



Miss Shah with Sir John Major (*Image: North West Anglia NHS Foundation Trust*)

"They are often too busy to go to their doctor or to access the relevant services.

"But because prostate cancer often doesn't have any symptoms – they won't appreciate the need to go and get checked for a problem that effectively doesn't exist.